



Knowledge Mobilization Health Innovation Sandbox

Solutions for Kids in Pain (SKIP) is a non-profit knowledge mobilization network whose goal is to get evidence-based solutions for children's pain into the hands of people who need it. Without this knowledge, Canadian children suffer unnecessary pain, leading to negative impacts for children, families and the healthcare system.

SKIP's mission is to improve children's pain management by sharing evidence-based solutions from research into practice through coordination and collaboration with our many diverse partnerships. SKIP's vision is *Healthier Canadians through better pain management for children*. We have four goals to support this vision, including to:

- 1) confirm the needs of knowledge users (including patients, caregivers, health professionals, administrators, policy makers) and organize current resources and evidence;
- 2) produce and promote knowledge mobilization tools to address diverse knowledge user needs;
- 3) facilitate institutional change by assisting knowledge users to access, adapt, and implement evidence; and
- 4) increase awareness and foster a sense of urgency amongst the general public to prevent and treat pain in children.



The following are activities that will contribute to SKIP's mission of improved pain management for children.

1. SKIP produced [this resource](#) for the Halifax Regional School Board on chronic pain management tools. This resource could be scaled up and shared more broadly with teachers across Canada, enabling them to better support their students with chronic pain. Summarize the evidence and tools for teachers on how to care for chronic pain in children while at school, so we can pitch it to school boards across the country.
2. SKIP has produced [a tool to alert parents to breastfeed](#) in order to reduce procedural pain in babies. Develop a tool for parents and caregivers that contains evidence-based information on the correct use of numbing cream before a child undergoes a needle poke. The numbing cream tool should use language that is easily understood, while still supporting the research evidence on its proper use and application.
3. Pain Champions are individuals that collaborate with SKIP to operationalize pain care or prevention initiatives within their respective institutions (hospitals, care centres, schools, etc.). SKIP wants to grow the number of Pain Champions working to implement our evidence-based pain strategies across Canadian healthcare institutions. Develop a strategy to reach out to new institutions and enroll more Pain Champions in SKIP's network across Canada.